



CHCDFV009 – ESTABLISH CHANGE-PROMOTING RELATIONSHIPS WITH USERS OF DOMESTIC & FAMILY VIOLENCE

Overview

This course equips practitioners with advanced skills and specialised knowledge to engage safely and effectively with individuals who use violent or abusive behaviours. Participants will develop capabilities in establishing change-promoting relationships, enhancing accountability, and maintaining clear professional boundaries while prioritising the safety and well-being of victim-survivors and children.

Grounded in evidence-based and trauma-informed practice, the training strengthens practitioners' confidence in risk assessment, de-escalation, and behaviour-change engagement within complex domestic and family violence contexts. It is designed for professionals working directly or indirectly with people who use harm, and who play a role in coordinated, systemic responses to FDV.

Outcomes:



Critically analyse case information to understand the broader patterns, context, and drivers of a client's abusive behaviour within a domestic and family violence framework.



Maintain professional, bounded relationships that foster engagement and promote change, while upholding the safety and well-being of victim-survivors, children, and practitioners.



Apply advanced questioning and active listening techniques to assess readiness, ambivalence, and opportunities for behaviour change while maintaining a stance of accountability.



Integrate relevant legislation, ethical obligations, and duty-of-care requirements into all aspects of practice, ensuring compliance, accountability, and safe decision-making.



Collaboratively develop, implement, and review change-promoting plans that balance client responsibility with dynamic risk, safety considerations, and system coordination.



**DART
INSTITUTE**
Domestic Abuse
Resource and Training

This course is delivered in partnership with Trainwest, who will issue the statement of attainment